

FREE



CityParks

FOUNDATION

SUMMER 2025  
GIRLS FORWARD

AGES13 - 16

JULY1 - AUGUST 8

New for 2025! City Parks Foundation is excited to announce a new initiative to encourage more teenage girls to participate in and stay involved in sports. We are introducing new sessions this spring for girls ages 13-16 across soccer, track & field, tennis, and golf programs. Led by female coaches, this program will offer a supportive environment for girls of all skill levels to make friends, build self-esteem, and most importantly, have fun!

MANHATTAN

Thomas Jefferson Park

E. 112th St. & 1st Ave.

SOCCER Mon/Wed 11AM - 12PM

TRACK & FIELD Tues/Thurs 8:30AM - 9:30AM

Inwood Hill Park

Seaman Ave. & Isham St.

TENNIS Mon/Wed 4PM - 5PM

REGISTER:



Register online at  
[Cityparksfoundation.org/girls-forward/](https://cityparksfoundation.org/girls-forward/)  
or call 718-760-6999 for information.

In partnership with



CITY PARKS FOUNDATION

